



SureStart Edenballymore

Supporting Families with Children under 4
Tús Cinnte Éadain Bhaile Mhóir

NEWSLETTER

July 2011



Fáilte Ahlan w Sahlan Huan Ying Witaj

Welcome, Summer is here

We're all set to help keep your little people busy and we have over 60 fun activities planned throughout July & August including: Family Bus Trips, Tots Rock, Cardboard City, Lets Play Clubs and our 'Magical Garden' themed Floats!

SureStart Edenballymore are proud to be a part of Feile as it celebrates its 18th Birthday this year, running from August 5th to August 15th-there's something for everyone-watch out for the brochure coming through your door in July.

I hope you and your family have a great summer and come along to SureStart activities listed inside. As always if you have views, suggestions or would like to get more involved please give us a call on 7137 1670 or call into the office on Central Drive.
Deirdre McDaid Manager



Bus Trips

This summer we've teamed up with The Bee Busy Summer Scheme & Feile to offer 5 family bus trips, everyone agreed that they were fantastic days out last year. This year there are trips to:

- Thurs 7th July – Culdaff Beach
- Thurs 14th July – Dunlewy Centre
- Thurs 21st July – Lurgybrack Farm
- Thurs 28th July – Benone Leisure Complex
- Tues 9th August – Letterkenny Pool & Park

Full details in the 'what's on section'. All tickets need to be booked in advance and you'll need to bring a packed lunch-tickets are available in the Gasyard Centre & SureStart Edenballymore office in Central Drive

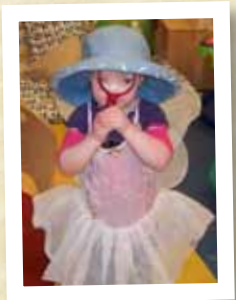
Tots Rock!

Back due to popular demand Tots Rock is a sensory sensation! Real dance and music event for babies, children under 4 and their families complete with DJ, lights & much more. All children must be accompanied by an adult. A SureStart Edenballymore & Celtronic production

Sun 3rd July 3.00pm-4.30pm Gasyard Centre, £2 per adult & £1 per child

Have we seen you lately?

At SureStart Edenballymore we aim to support all children and parents. If you have not yet been to SureStart, or if you haven't been in awhile, please Call Muire who'll arrange to meet you for a cup of tea and a chat about getting involved. Here's what some SureStart parents have said:



"SureStart has been with me since my daughter was born, extremely helpful, made me feel supported. You're never a lone parent with SureStart..."

"I was new to the area and didn't know anyone, now I have friends I can turn to when I need adult company, not just at the Stay 'n' Play but at other times too. We have been introduced to new places for days out and messy play is great."

"Starting SureStart is the best thing I ever did for me and my son. The workers aren't at all judgemental and are very friendly The baby massage groups they run are fantastic, as well as the treasure baskets!"

SureStart wants to be Your Friend



Our Facebook site (SureStart Edenballymore) is updated daily so become our friend to keep in touch with what's on.

facebook





We Went to the Zoo!

Our annual trip to Belfast Zoo was on the 25th May and once again was a great success with five buses filled with very excited children and parents/carers! Everyone enjoyed finding all their favourite animals, had a yummy picnic and did lots of activities about the animals.



Build a Story Den

Lets make a story den, decorate it, snuggle down inside and listen to stories. Let your child's imagination soar, on this exciting adventure. Den Building & Storytelling Sessions: 10.30am - 12.30pm on Wednesday 10 August in Children's Centre, Gasyard. Ages 0-6



Your Survey - Your Say

SureStart want to say thank you to everyone who completed the Survey on the Project and its services. The winners of the prize draw were: 1 – Stacey Coyle, 2 Michelle Mackey & 3 Niamh Mulgrew. SureStart Edenballymore would also like to sincerely thank Stephanie English, the Independent Researcher who carried out the work on our behalf. The research has been completed and the main findings and actions will be included in the September Newsletter.



Chit Chat Club-SureStart Parents Forum

The Chit Chat Club is a group of SureStart Edenballymore parents who meet every 6 weeks and discuss SureStart services-what's good and what could be improved. 'We help the SureStart team develop services we would like to see offered. We have played a big part in planning the summer programme this year. We would welcome any mums, dads, grannies, granddads or carers who have an hour to spare to come and join us and have a cuppa at our next meeting on Friday 22 July at 11am in The Gasyard Centre or call Muire for further information.'



Free Spin Classes

Spinning is a popular type of group exercise that brings a high energy bike ride indoors. Classes cover a wide range of experience levels as well as fitness levels. SureStart Edenballymore has received support from Derry City Council & Public Health Agency (Healthy Towns Initiative) to provide parents with free spin sessions. Each voucher gives 6 passes into the Healthy Living Centre, Old Library Trust. Please call Francesca to get yours for free!



Cardboard City

Monday 6th August, 10.30am-12.30pm, Ages 0-6 years drop in, Community Schools Sports Hall, Creggan, We all know that a child's favourite toy is a cardboard box – imagine a city made from them! Come along and let your child's imagination run wild as they create a whole world of play from our huge selection of boxes – a photo exhibition of the creations will be displayed in the Autumn.





What's on at a Glance July - August 2011

To book a place or to find out more information – please contact us on 028 7137 1670

| Day | Event | Venue | Time | Other Info |
|-------------|---------------------------|---|--|--|
| Fri 1 July | Rhyme Time | Creggan Library | 10.00am - 11.00am | |
| Sun 3 July | Tots Rock | Gasyard An Druma Mor | 3.00pm - 4.30pm | £2 per adult £1 per child |
| Mon 4 July | Let's Play Club | Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| | Let's Play Club | Children's Centre, Gasyard | 10.30am - 12.30pm | |
| | Baby Matters | Family Room, HLC, Creggan | 10.30am - 12.00pm | |
| Tue 5 July | Get Active for Parents | Children's Centre, Gasyard | 10.30am - 12.30pm | Limited crèche places available (phone to book) |
| | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |
| Wed 6 July | Dress for Mess | Children's Centre, Gasyard & Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| Thur 7 July | Bus Trip to Culdaff Beach | Breakfast club in Gasyard café from 9.30am | Buses leave Gasyard & Central Drive at 10am returns at 5pm | £3.50 per adult £1.50 per child Bad weather, alternative trip - Waterworld, Portrush |
| Fri 8 July | Rhyme Time | Creggan Library | 10.00am - 11.00am | |
| Mon 11 July | Lets Play Club | Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| | Dress for Mess | Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| | Baby Matters | Family Room, HLC, Creggan | 10.30am - 12.00pm | |
| Tue 12 July | Get Active for Parents | Children's Centre, Gasyard | 10.30am - 12.00pm | Limited crèche places available (phone to book) |
| | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |
| Wed 13 July | Dress for Mess | Children's Centre, Gasyard & Children's Centre, HLC Creggan | 10.30am - 12.30pm | |



| Day | Event | Venue | Time | Other Info |
|--------------|--|---|---|---|
| Thur 14 July | Bus Trip to Dunlewy Centre | Breakfast club in Gasyard café from 9.30am | Buses leave Gasyard & Central Drive at 10am, returns at 5pm | Family Deal 2 adult + 4chn = £14 £5 per adult / £3 per child Under 2 free |
| Fri 15 July | Rhyme Time | Creggan Library | 10.00am - 11.00pm | |
| Mon 18 July | Let's Play Club | Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| | Let's Play Club | Children's Centre, Gasyard | 10.30am - 12.30pm | |
| | Baby Matters | Family Room, HLC, Creggan | 10.30am - 12.00pm | |
| Tue 19 July | Get Active for Parents | Children's Centre, Gasyard | 10.30am - 12.30pm | |
| | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |
| Wed 20 July | Dress for Mess | Children's Centre, Gasyard & Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| Thur 21 July | Bus Trip to Lurgybrack Farm | Breakfast club in Gasyard café from 9.30am | Buses leave Gasyard & Central Drive at 10am | £3.50 per adult £2.50 per child Under 2 free |
| Fri 22 July | Rhyme Time | Creggan Library | 10.00am - 11.00pm | |
| Mon 25 July | Let's Play Club | Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| | Let's Play Club | Children's Centre, Gasyard | 10.30am - 12.30pm | |
| | Baby Matters | Family Room, HLC, Creggan | 10.30am - 12.00pm | |
| Tue 26 July | Get Active for Parents | Children's Centre, Gasyard | 10.30am - 12.30pm | |
| | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |
| Wed 27 July | Dress for Mess | Children's Centre, Gasyard & Children's Centre, HLC Creggan | 10.30am - 12.30pm | |
| Thur 28 July | Bus Trip to Benone Leisure Complex | Breakfast club in Gasyard café from 9.30am | Buses leave Gasyard & Central Drive at 10am | For info call Surestart 02871371670 |
| Mon 1 August | Carnival Preparation help make SureStart's Magical Garden Float beautiful! | Children's Centre, HLC Creggan | 10.00am - 2.00pm | All materials supplied Everyone Welcome |
| Tue 2 August | Carnival Preparation | Children's Centre, Gasyard | 10.00am - 2.00pm | All materials supplied Everyone Welcome |



| Day | Event | Venue | Time | Other Info |
|----------------|-------------------------------------|---|---|--|
| Fri 5 August | International Play Day | Bishop's Field, Creggan | 11.00am - 1.00pm | |
| Sat 6 August | International Play Day | Gasyard Centre | 1.00pm - 3.00pm | |
| Mon 8 August | Cardboard City | CSSH, Creggan | 10.30am - 1.00pm | |
| | Baby Matters | Family Room, HLC, Creggan | 10.30am - 12.00pm | |
| Tue 9 August | Bus Trip to Letterkenny Pool & Park | Breakfast Club 10am in Gasyard Centre | Buses leave Gasyard & Central Drive at 11am | Please bring your swimming hat. Phone us for more information. |
| | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |
| Wed 10 August | Build a Story Den | Children's Centre, Gasyard, Breakfast Club 9.30am in Gasyard Centre | 10.30am - 12.30pm | |
| Thur 11 August | Buggy Power & Nature Walk | Out the Line, Breakfast Club 9.30am in Gasyard Centre | 10.30am - 12.30pm | Meet at Gasyard Centre at 10.00am |
| Fri 12 August | Urban Play Adventures | St Columb's Park Breakfast Club 9.30am in Gasyard Centre | 10.30am - 12.30pm | Buses leave Gasyard & Central Drive at 10.30am |
| | Tiny Talkers | Gasyard Centre | 10.30am - 11.30am | |
| Sun 14 August | Carnival & Fun Day | Gasyard Park | | For info contact Surestart T: 028 7137 1670 |
| Mon 15 August | Sports Day | Gasyard Park | | For info contact Surestart T: 028 7137 1670 |
| | Carnival & Fun Day | Bishop's Field Creggan | 1.30pm - 6.00pm | |
| | Baby Matters | Family Room, HLC Creggan | 10.30am - 12.00pm | |
| Tue 16 August | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |
| Fri 19 August | Tiny Talkers | Gasyard Centre | 10.30am - 11.30am | |
| Mon 22 August | Baby Matters | Family Room, HLC Creggan | 10.30am - 12.00pm | |
| Tue 23 August | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |
| Fri 26 August | Tiny Talkers | Gasyard Centre | 10.30am - 11.30am | |
| Mon 29 August | Baby Matters | Family Room, HLC Creggan | 10.30am - 12.00pm | |
| Tue 30 August | Aqua Natal | William St Baths | 2.00pm - 3.00pm | |



Summer Rhymes – Creggan Library

Summer Rhymes is a fun activity for parents/carers and children under four years old. Each week will focus on a topic and the children can borrow related books. Topics will include, holidays, the beach, animals etc and is offered in partnership with Creggan Library. SureStart Edenballymore Speech and Language Therapist, Breege Gormley will also provide general advice about early talking skills.



Tiny Talkers Club

This course for parents/carers and children aged over two-years-old will focus on learning new words through games and songs. Six places are available. If you wish to attend please contact Breege Gormley, Speech and Language Therapist, SureStart Edenballymore.



SureStart Families Toddle Waddle

Raises **£1500** for Meningitis Trust!

On 18 April, lots of parents, toddlers and babies took part in our fundraising for Meningitis Trust - Toddle Waddle along the River Foyle. The event was a massive success and sponsorship raised by parents came to a hugely impressive £1,500! Thank you to all who took part and raised funds to fight Meningitis. Children under the age of five are the most at risk with over 50% of all cases occurring in this age group. For more information on Meningitis visit the Trusts website at www.meningitis-trust.org



Speech and Language Support

If you have any concerns about your child's understanding and speech Breege will be available during the Summer to provide general advice for parents. Please call 71371670.

School Uniform Grants

Don't forget to complete your application for a grant (£35.75 per child from P1-P7) if your child is going to Primary School in September-forms are available from the Western Education & Library Board on 028 8241 1496 or if you want to drop in to SureStart we can help you.

Ahoy shipmates! A Pirate Party

Come on board for the nautical nonsense and fantastic songs with the Singing Kettle. Beware – there's pirates about in this fun-packed, swashbuckling sing along. Pirate Party is a treasure trove of fun for girls and boys of all ages. Remember – Dress up as a pirate – yo ho ho!

Date & Time: Sat 27 Aug @ 2pm

Venue: Millennium Forum

Tickets: £10.00 • Family Ticket (2 adults/2 children): £36.00



Free Family Ticket

SureStart Edenballymore has a family ticket to the Pirate Party worth £36 to give away but there's a small catch! You need to be willing to tell us what you thought about the show and the Millennium Forum, so that we can share it with families in a future Newsletter. The first registered family to call Muire on 7137 1670 will get the tickets. Watch this space for more free tickets, as we will be having a feature in each newsletter on 'What's on in the City for Families'.



Don't Forget

Register with SureStart Edenballymore to receive information on local services. If you move house, change phone number or other details please let us know so we can keep our information up to date.

SureStart Edenballymore works to support all pregnant women and families who have a preschool child or children (0-4 years) and who live in SureStart Edenballymore's areas including Bogside & Brandywell, Creggan, Fountain and Bishop Street & Foyle Road.

You can contact the SureStart Edenballymore Team on:

T: 7137 1670 or julie@surestartebm.com

or call into SureStart offices on:

Central Drive, Creggan, BT48 9QG

Come along and enjoy the SureStart fun!

